

**CHILD & FAMILY SERVICES
CENTER PARENT MEETING MINUTES**

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Center EHS Homebase

Date of Meeting May 2 and May 16

- I. Welcome/Introduction Greeted families as they came in, signed in and walked to the play area

- II. Icebreaker/Activity
Parents were asked What their and their child's favorite movie was and is at the moment and the parents shared. They also shared how they eat vegetables and how they can make it interesting for their children.

- III. Main Topic/Speaker
For one of the parent meetings, our guest speaker was able to provide harvest of the month and how to make eating healthy fun for the kids. She also shared how to make healthy chocolate hummus and demonstration was done.
Next parent meeting parents were talked about the importance of language and how it impacts a child's life

- IV. Communications/Announcements
 - A. Center Staff Report This is our last parent/playgroup and that the next one will be the graduation ceremony on July 6. Parents were informed that they can bring other family members and kids to this event.
parents were also informed that our school year is almost over and the last week of visits are the week of July 17

 1. Classroom Activities/Parent Ideas parents were talked about healthy eating and staying cool with the warmer weather. They were encouraged to still wash hands.

 2. Enrollment/Attendance parents were reminded that applications for our program are being accepted. Those who are moving on to preschool, their application should have been completed by their homebased teacher.

 - B. Family Service Worker Update Food Pantry at Salvation army M-Th 8:30-11:30
Target Welcome Kit-- Coupons & Samples, Salida Library Open Weds. 8-12 Story Time--Must register.
Car seat inspections flyer was given.

- C. Health Staff Update making sure the kids immunizations are up to date so that they can re-enroll into the program. Their homebase teacher will provide a NN from nurse if they haven't already.

- D. Community Information/Community Partnerships The harvest of the month program was introduced in more detail with our guest speaker and her new project that she is wanting to do out in the community with the school's help, a community garden.

- E. Policy Committee May 17 is the upcoming date

- F. Policy Council May 24 is the next meeting.

- V. Update on Local Program Goals Goal #3: The Early Head Start Programs will strengthen parents' understanding of the importance in parenting and family engagement practices that support social emotional needs of children.

- VI. Parent Ideas/Input parents talked about the language that they talk at home. they also shared how they make healthy food interesting to their kids and what vegetables they eat at home

- VII. Active Supervision, Challenges and Best Practices encouraged parents to still hand wash when out in public and to stay home when sick and can get tested if symptoms continue.

- VIII. Acknowledgments Thanking families for attending and our guest speaker for coming

Date of Next Meeting June 6 _____

Minutes Taken By _____

Meeting Translated By _____